

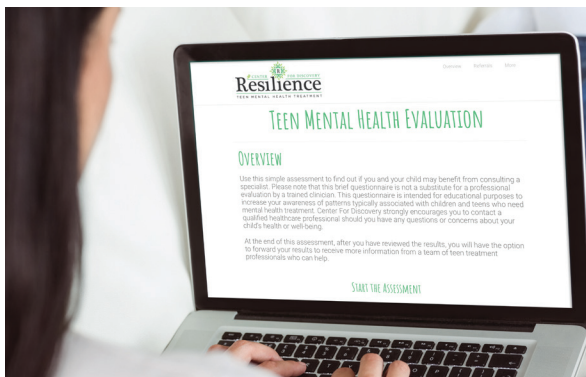


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**Resilience**  
 TEEN MENTAL HEALTH TREATMENT

# MENTAL HEALTH EVALUATION

Think your child may benefit from mental health treatment?

**Take a FREE assessment today**



**QUICK | CONFIDENTIAL**

[www.TeenMentalHealthEvaluation.com](http://www.TeenMentalHealthEvaluation.com)



**866.480.3475**

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## MENTAL HEALTH RED FLAGS

*There are several factors that contribute to the development of depression, anxiety, or bipolar disorder in children and adolescents. Below are several potential warning signs that your child or adolescent may be struggling and needs help:*

- Angry outbursts or inappropriate anger
- Excessive anxiety or worry
- Complain of headaches, muscle aches, stomachaches, or fatigue
- Missing school due to symptoms
- Difficulty concentrating
- Difficulty making transitions
- Extremely happy or high energy at times
- Being easily overwhelmed
- Changes in weight or appetite
- Feelings of worthlessness, emptiness, or guilt
- Feels easily criticized or rejected
- Impaired school performance
- Frequent changes in relationships, image, goals, or values
- Defies or refuses to comply with rules
- Is easily angered when people set limits
- Intense emotions
- Depressed mood
- Talking very fast
- Mood swings
- Impulsivity
- Fears of being alone
- Moving very slowly
- Panic attacks
- Distorted sense of self



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